Dameon Bryant

is a self-help author and motivational speaker whose teachings include goal setting, team building, and one minute problem solving. Dameon partners with organizations and empowers clients to streamline goal planning, problem solving and improving daily productivity.

DON'T QUIT ON YOURSELF

Dameon's common sense approach challenges and inspires youth, college students, military personnel and adults across the country to live the life they dream of. Dameon is passionate about speaking on goal setting, lifestyle management, self-worth and problem solving. Dameon Bryant is an American success story. Born and raised by a single mom in Detroit Michigan. A product of the Detroit Public Schools. He joined the U.S. Navy at 17 years of age and quickly moved up through the ranks gaining a reputation for solving complex problems and motivating fellow personnel to reach their full potential.

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Over the course of Dameon's 20 years of life experience, he's developed systems that allowed him to multiply his income severalfold from \$7.50 hourly to over \$100,000 annually, increase his happiness and move himself and his children out of the central Detroit projects all while being a single dad with no college degree.

Dameon attributes his success to a change in his mindset. He's now dedicated his life to sharing his system for success and happiness with the world.

EVERYONE DESERVES SUCCESS AND HAPPINESS Dameon Bryant | 805.813.0553 www.dontquitonyourself.com